



K7 ADVENTURES WINTER 2020 - PRICE LIST

Bring it on! Winter 2020. What a brilliant start to the winter with #snow in early May setting us up for the season! This year - join our **EXPERIENCED MOUNTAIN GUIDE JEFF BECKER** and his team to complete the **CLASSIC FULL DAY** Snow Shoe Tour or Ski / Split Board Tour to Mt Kosciuszko. *A must do for fit people!* **BACK COUNTRY has a whole new meaning in 2020.** Join **the expert team**; strap on your skis or split board and skin into the mountains and drop into the steep slopes. This is an adventure for strong intermediate & advanced skiers and boarders. **ANDREW LOCK** once again joins the K7 Adventures team to deliver a range of Mountaineering Courses from Introductory to Advanced Mountaineering and Ice Climbing. Prepare yourself for the Big Peaks in NZ, the Himalayas and Europe with Andrew. **MIKE EDMONDSON** continues to bring us beauty through his amazing Sunrise and Sunset Alpine Photography Tours. Extend yourself and join Mike's Snowcraft and Snowcamping course or challenge yourself to the Ten Peaks Winter Trip. We think that **JENNIE MILTON** is simply amazing. So do the people who Snow Kite with Adrenajen! Add another level to your skiing and boarding and learn to fly. Speaking of flying on skis, awesome cross country skier **JANE SCHEER** has ratcheted up the K7 Ski School to the next level. Jane is an accomplished APSI Level 4 Nordic Instructor, Level 3 Trainer / Examiner and successful, international Master's skier. Along with local physiotherapist Jen Lloyd - Jane brings pre-winter strength and conditioning exercises through the new website :

<https://www.k7skischool.com.au>

If you would like a *less demanding winter challenge*, come on a **HALF DAY** Snow Shoe from Thredbo, Dead Horse Gap, Perisher, Smiggins or Guthega.

Who we are! K7 Adventures Professional Guides and Instructors have a wealth of experience individually and as a collective. We have a strong culture of collaboration and sharing. That means you will have the best opportunities on offer, the safest trips possible and absolutely peak experiences. We love our alpine world! 'Leave No Trace' is in our soul, in our blood in our practice and in the best interest of the mountains and all the people who love our mountains. We want you also to enjoy the mountains and find yourself in nature as we do - on nature's terms. K7 Adventures has full Advanced Ecotourism Accreditation. We pride ourselves on putting nature first! All natural environments have inherent risks so we plan around the weather and snow conditions. If the weather conditions are too extreme, we reserve the right to wait, and do so for your safety. Whether you are snow camping, ski touring, back country boarding, snow shoeing, kite skiing or trying your hand at Ski Mountaineering with harnesses, crampons and ice tools, you will find yourself in very safe and experienced hands. We have an impeccable safety record including the Nordic / X Country Ski School.



How much will it cost? K7 prices affordable, reasonable and reflect the professionalism and experience of our instructors and guides. You will be fully covered by K7 Public Liability Insurance. We use quality equipment and up to date safety and emergency equipment and communications. Price List attached. **What is not included?** Entry fee to KNP. Ski tube pass, ski lift costs, rental of boots, skis, boards, clothing. Bring fluids, food and snacks unless organised by your winter camping guide. Please wear appropriate clothing for your tour - see our WHAT TO BRING notes for each adventure!

EQUIPMENT - We recommend the best equipment for Peak Experiences! Talk to MONT in Canberra, Gravity in Jindabyne and Thredbo for Alpine Ski Touring, Larry Adler in Jindabyne for clothing and Rhythm Snow Sports in Cooma for Cross Country Skis, Snow Shoes, Telemark, AT Skis (15% discount on all rentals when packaging with K7 Ski School). All recommended equipment outlets have highly experienced boot fitters for AT / Alpine / Telemark and X Country (Nordic) boots, bindings and skis.

ACTIVITY	GUIDE	HALF DAY / EASY DAY	FULL DAY
Kosciuszko Summit Snow Shoe / Ski Tour / Snow Board	Jeff +61 404 835 783 jeff@k7adventures.com CALL / EMAIL JEFF FOR PRICES Bookings Essential		Summit Mt Kosciuszko this winter! An unforgettable experience with Professional Guide Jeff Becker. See the mountains on the other side! Ski Tourers and Snow Boarders Intermediate. Mid-high level fitness.
Kosciuszko Winter Snow Craft & Snow Camping + Alpine Photography	Mike +61 410 903 539 mike@k7adventures.com CALL / EMAIL MIKE FOR PRICES Bookings Essential		Immerse yourself in the mountains! Spend a night or several nights snow camping this winter. Learn the essentials of Snowcraft, open your camera to stunning sunrises and sunsets. Absorb the unlimited starlit night sky! <u>DATES HERE:</u> July 10-12/13 July 17-19/20 (Snow Shoeing) July 31-August 3 (Snow Shoeing) August 7-9 (Snow Shoeing) August 11-13 / 14 (Snow Shoeing) August 20/21-23 (Snow Shoeing) August 27-30 (Skiers) September 1-3/4 (Skiers) Sept 6-11 (Riders & Skiers - Booked Out) Sept 18-20/21 (Riders & Skiers) Sept 24/25-27 Oct 3-5 Long Weekend Plus other dates on request. Three Day \$650 pp 3-5 people \$860 pp 2 people \$1500 pp for 1 person Four Day \$860 pp 3-5 people \$1140 pp 2 people \$2000 pp 1 person Five Day \$1080 pp 3-5 people \$1430 pp 2 people and \$2500 pp for 1 person. With all Camping and Lodge Based Groups with 5 or more people, free Signed Copy of 'The Australian Alps' by Mike Edmondson for each person.
Ten Peaks Winter / Spring Walks / Summer Walks: NB 2021 Dates published here: http:// www.k7adventures.co m/prices.htm	Mike +61 410 903 539 mike@k7adventures.com CALL / EMAIL MIKE FOR PRICES Bookings Essential		Unmissable! Take your Peak Experience to a totally new level. Mike is highly experienced in the Ten Peaks Walks - during the Winter, Spring, Autumn and Summer. Camping or Lodge-based Tours. Camping & Lodge Options both available. Prices As Above <u>PLUS:</u> November 6-9 2020 November 13-16 2020 November 20-23 2020 December 27-20 2020 December 4-7 2020 December 11-14 2020 December 18-21 2020 Wildflower Season

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<p>Snow Kiting for intermediate Skiers & Snowboarders and</p> <p>Ski the Steps</p> <p>Learn the Basics of Avalanche Safety</p>	<p>Jennie +61 418 645 866 jen@k7adventures.com CALL / EMAIL JEN FOR PRICES Bookings Essential</p>	<p>This is a totally amazing and awesome world! Flying above the snowpack in winter is absolute joy and pure freedom.</p> <p>Jennie Milton is a World Class, medal winning Kite Skier and Kite Surfer and will teach you the ropes and set you flying on your first venture into the beautiful back country wind and kite zones.</p>	
<p>Introduction to Mountaineering</p> <p>Advanced Mountaineering</p> <p>Ice Climbing</p>	<p>Andrew +61 407 075 347 andrew@k7adventures.com</p>	<p>Your eyes are cast skywards and your dreams are already finding a place in the mountainscapes of the world. Enjoy the world of ropes, harnesses, ice tools, crampons - snow shoe or ski to Blue Lake. Lodge-based or snow camping. Combine with Ski Mountaineering for an absolute top view of the best of the Australian mountains.</p> <p><u>DATES:</u> July 20-22 Introduction to Mountaineering July 27-29 Introduction to Mountaineering August 3-6 Advanced Mountaineering & Ice Climbing August 10-13 Advanced Mountaineering & Ice Climbing</p>	
<p>Snow Shoeing</p>	<p>Pete +61 421 862 354 contact@k7adventures.com</p>	<p>Half Day Snow Shoe from Perisher or Thredbo Top Station. Just incredible to find yourself in the mountain wilderness in a few simple steps! Beginners welcome! Family groups welcome! We take young people too Ages: 8-80</p>	<p>Jeff +61 404 835 783 Mike +61 410 903 539 Mt Kosciuszko via Thredbo or Charlotte Pass Main Range Mt Tate Spring Main Ten Peaks</p>
<p>Spring Snow Climbing</p>	<p>Pete +61 421 862 354 contact@k7adventures.com</p>	<p>Half or Easy Day Fantastic Experience from Thredbo top station. 20 minute walk out on Snow Shoes or Ski Touring. Harness up and strap on your crampons for a steep curve towards exhilaration!</p>	
<p>Rock Climbing & Abseiling Jindabyne</p>	<p>Pete +61 421 862 354 contact@k7adventures.com</p>	<p>Yes we do! Sunny afternoons in Jindabyne are to die for. Come climbing & abseiling Jindy Rock. Half and Easy Day. Transition from Gym to Rock</p>	

ACTIVITY	GUIDE	HALF DAY / EASY DAY	FULL DAY
X Country Ski School	Jane +61 400 862 869 jane@k7skischool.com.au Jane +61 400 862 869 Masters Group jane@k7skischool.com.au	<p style="text-align: center;">Lessons for everyone! K7 Ski School We are the Interschools Specialists! 1 hour / 1.5 hours / 2 hours / 3 hours and full day. Groups and families welcome Classic / Skate / Masters / Race Clinics School Holidays Private / Group Clinics <u>Prices here:</u></p>	

ACTIVITIES & TOURS

or to tailor a tour to your schedule please contact us: 0421 862 354
contact@k7adventures.com and place **'TAILORED TOURS'** in the Subject line

K7 Adventures Groups & School Groups Tours & Activities

To tailor a tour for your Group or School please contact us: 0402 298 821
contact@k7adventures.com & **'SCHOOL / GROUP TOURS'** in the Subject line.



