

SKI TOURING

FACTS SHEET FOR SCHOOLS

SKI TOURING | SPRING DELIGHT | JOURNEY INTO THE BACK COUNTRY

WHERE

K7 Programs at Perisher Nordic Trails, Charlotte Pass & Thredbo

WHEN

SCHOOL HOLIDAYS - Winter & Spring - Learn to Ski Tour

WEEKENDS: September - Mid October: The best time of year for Ski Touring

SCHOOL TERM: TERM III - IV

Tailored Programs - Term III & IV - Learn to Ski Tour. Ski Tour The Ramsheads or for experienced / intermediate skiers Ski Tour or Snow Shoe To Mt Kosciuszko - then ski or board off Kosi.

WHO

K7 Ski Instructors are APSI Qualified and Instructors in Nordic Skiing, Alpine Skiing, Telemark Skiing & Adaptive Skiing. We spend all winter on snow developing our skills & expertise and enjoying some of the best ski touring to be had. Many of the K7 Ski Tour Instructors & Guides have had several winters completing day tours, multi-day tours and for some, skiing the best of the back country steeps.



K7 Ski Touring Team - Mike, Zac, Warren, Noel, Jeff, Barbara, Matt, Acacia,

What we can do for you & your students.

K7 Ski Touring Team - where haven't they been! From seriously steep winter back country skiing to gentle terrain traversing the wonderful Ramsheads in the spring - ski touring is probably the most memorable of winter adventures, sometimes expeditions! We start with basic skills in winter on the Perisher Nordic Trails and progress to The Ramsheads & Mt Kosciuszko in spring.





PROGRAMS

SCHOOL HOLIDAYS

- By request - lesson every day
- Half Day, Full day or multi day
- Accommodation / Camp

WEEKENDS

- Great time to learn ski touring
- Perisher in Winter, Thredbo in Spring

TERM III

- School Ski Touring Program
- Learn the Basics of Ski Touring then head into the back country
- K7 will organise hire of equipment and boots
- Become a confident skier on the nordic trails then head 'off piste' for an adventure
- We organise transport or bring your school bus.
- We organise camping or dry accommodation

SPRING HOLIDAYS & TERM IV

- Time to go to Mt Kosciuszko. Ski Tour or Snow Shoe and Snowboard Mt Kosciuszko!

Winter Ski Touring **is a natural fit for** students who have moderate to reasonable fitness. We teach the basics of balance, forward movement, stopping, turning & carrying a pack. Students quickly find themselves having great fun and going places they otherwise would never dream of! As competence increases and, for the already skilled intermediate to advanced skiers, ski touring the back country in spring is a **natural progression**. *Skiers* graduate from the slopes or the nordic trails and head through The Ramsheads from Thredbo and if snow & skier conditions allow, to climb and ski **Mt Kosciuszko**. Why wouldn't you! *Ski Touring is the reward* for spending a few hours learning basic skills, for fitness and to satisfy a **sense of back country adventure. Teachers welcome.**

K7 Winter & Spring Ski Touring Programs are tailor made to work in with your school. We encourage **SPRING** as the **BEST TIME** to enjoy the back country on skis and to ski to **MT KOSCIUSZKO** for you intermediate alpine / ski touring students. **SNOW BOARDERS WELCOME** - walk on snow shoes then **SNOW BOARD FROM KOSI!**

Talk to us: Call Mike: 0410 903 539

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